




# A One-2-One with Paul

## One-2-One

Everyone has moments in his or her life where additional clarity on oneself would be welcomed. For this reason, there is the One-2-One. During a One-2-One we talk about where you are at the moment and how your current life-circumstances reflect something deeper inside of yourself which longs to be seen. In the space of our conversation, related topics start to rise and will be addressed one by one, with me guiding you past the pitfalls of your own mind. Increasingly you become aware of who you are beyond the ideas that you have about yourself, and the situation that you are in.

A cluster of blue and grey bubbles of various sizes, some solid and some outlined, arranged in a loose, organic pattern.

A One-2-One is meant to help you recognize a deeper authenticity inside of yourself.

## What is talked about?

Most people call me because they wish to have more clarity about themselves. They are wrestling with a certain topic, and they appreciate to get reflected an impartial view on themselves, that brings insight into how to see matters in a different perspective. Sometimes part of the One-2-One is about one's relationships to others, and what the dynamics in those relationships represent. The focus of the One-2-One is always to come to a deeper understanding of oneself, and with that comes a greater clarity.

## Guidance

I have two decades of experience in coaching others into their true authenticity. The fruits of my own path of introspection, that brought me to many places and in many self-challenging situations, gave me the possibility to assist others in their path of recognizing who they are, beyond the idea they have about themselves. The clarity of seeing that emerged walking this path is what I bring into the One-2-One.



## Duration and costs

The duration of a One-2-One is about an hour, sometimes a little bit longer. It all depends on what comes up during the session. The costs of a One-2-One are 150 euros, for which after the session you receive an invoice that can be paid by bank or by Paypal. If you book a session in combination with your attendance of a Circle of Being, the price of a One-2-One is 100 euros.



## Interested to book a One-2-One?

If you are interested to book a One-2-One then you can contact me by email ([paul@eijkemans.com](mailto:paul@eijkemans.com)) or via Whatsapp (+31624200939). We will first set together a date and time that suits you, which can be either in the afternoon or in the evening. If during the One-2-One we need to talk about your loved ones or others, then please send their clearly-labeled pictures to me beforehand. The session can be done by phone, by Whatsapp or by Skype (Paul\_Eijkemans), and is primarily audio to avoid distrctation.